In recent years, many people have been advocating that unpaid community work, such as working for a charity, improving the neighbourhood, or teaching sports to younger children, should be a compulsory part of high school programmes. I disargee with this view, and the following essay will discuss several reasons.

The first salient reason is that students will be mental problems. In fact, when upaid community work should be a compulsory part of high school programmes, students will study at school and the weekend they take part in unpaid community work such as working for a charity, improving the neighbourhood. This makes students feel boring and not unwind. In the long run, they can be stressful and mental problems.

Another convincing argument is that students have bad result in study. In other words, they spend time unpaiding community work such as working for a charity, teaching sports to younger children, or improving the neighbourhood. These jobs need a lot of time after study at school, from students not good fail to study for final exams. This makes students have bad result in study.

The last reason is that studens can be health problems. It means that, when unpaid community work, students can come remote areas to do volunteer work. And they will face hard climate and difficult conditions. This makes students can be have flu or have a headache.

To sum up, for the reasons I have mantioned above, I hold a firm belief that unpaid community work should not be a compulsory part of high school programmers.